

On Sale 4th - 26th June 2025



Always read the label and follow the directions for use. Not all products are stocked in all participating pharmacies. * Prices may vary between pharmacies; discounts are based on Supplier Recommended Retail Prices (SRRP).



Supports mental focus BOUNCE BACK 30% OFF **FROM ILLNESS** Save \$7.96 Herbs of Gold Relieves symptoms Astra Recharge 30 Tablets

Not available in all Pharmacies.

Of stress

herbs of gold



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Your gut, the unsung hero of *health*

The human gut is a powerhouse, influencing everything from digestion to immunity. In Australia, gut health is gaining attention for its profound impact on overall well-being. Up to 80% of your immune cells reside in your gut, highlighting its crucial role in defending against illnesses.#



3 KEY TIPS FOR A HEALTHIER GUT



Embrace Fibre-Rich Foods: Incorporate vegetables, fruits, legumes, nuts, and whole grains into your diet to support digestive health.

Stay Hydrated: Drinking plenty of water, it aids in digestion and nutrient absorption.

Consider Probiotics:

The Australian probiotics market is growing, reflecting increased interest in gut-friendly supplements.

Remember, nurturing your gut is an investment in your overall health. For personalised advice, consult your local Pharmacist.











\$1499

Benadryl PE

Cough Liquid

200ml

Chesty Cough and

Nasal Congestion

Benadry

Chesty Cough



2099

Save \$4.00

Sambucol

250ml

Cold & Flu Syrup

Sambucol

COLD & FLU



Nexium 24 Hour Heartburn and Acid Reflux Relief 20mg 14 Tablets



Gaviscon Extra Strength Heartburn and Indigestion Relief Peppermint 300ml





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A CANCEL ALL PLANS COLD

FOR DRY COUGH

LEMSIP

COUGH

FOR DRY & Irritating Cough

Honey 500mg/5mL Dose

lottle

Helps relieve dry & irritati

Oral Liquid Hone

180 m



Between January and March 2025, Australia recorded over 46,300 lab-confirmed influenza cases, marking a more than 50% increase compared to the same period last year. This surge indicates that the flu season is arriving earlier and with greater intensity.#

FROM

Save # \$1.01*

299

AXCOLD&FLU

HEADAC

ODY A

REDUCES FEVER

ORAL POWDER SACHETS

Lemon Flavour

HOT DRINK

Paracetamol 1000mg



ECONGESTAN

BLOCKED OR RUNNY NOSE

HEADACHES SORE THROAT

BODY ACHES & PAINS

REDUCES FEVER

ORAL POWDER SACHETS

Lemon Flavour

COLD&FLU HOT DRINK

Phenylephrine Hydrochloride 12.2mg Paracetamol 1000mg

www.abc.net.au/news/2025-04-01/influenza-cases-rise-flu-season-coming-earlier-this-2025/105121052



36 LOZENGES

Anaesthetic action

EXTRA

Hexylresorcinol 2.4 mg Anaesthetic + Antibacterial

Strepsils

Numbs sore throats Helps fight bacteria

36 LOZENGES

Honey & Lemon Flavour

VALUE PACK

Did you know?

Most sore throats are caused by viruses — not bacteria — and are often your body's first signal that a cold or flu is on the way. Factors like dry air, allergies, and even talking too much can also irritate your throat.

Strepsils helps numb the pain fast, so you can get back to feeling like yourself sooner.¹

TRUST Strepsils[®] TO NUMB PAIN FAST





Phenyleghnine hydroc 2 + railers Sudafed PE



Sudafed PE Nasal Decongestant 24 Tablets



Demazin PE Multi-Action Day & Night Cold & Flu Relief 24 Tablets



\$1199

Save \$2.50*

Throat Gargle

Ready To Use Sore

Betadine

120ml

Strepfen Intensive Honey & Lemon 16 Lozenges

Betadine

Sore Throa

Garale

Nurofen

Cold & Flu PF

24 & 48 tablets





Strepsils Herbal Immune Honey Lemon 16 Lozenges

16 LOZENGES





25% **ABLE** ABLE brAun OFF Actineb Mini Nebuliser \$1799 \$12999 \$11099 st, Gentl frared Ea Save \$2.00* Save \$42.96 Save \$20.00* **ABLE Spacer ARIF** Braun Collapsible Space ThermoScan Actineb Mini ThermoScan 5 Nebuliser Ear Thermometer IRT6030

snoring

easyclinic

Beating the flu this winter is casy as!





You may be eligible for a FREE⁺ flu vaccination, ask us today.

*Eligibility for free vaccinations is based on the National Immunisation Program (NIP) and any applicable State/Territory programs. Subject to availability and participating stores only.

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Always read the label and follow the directions for use.





Advil^ Liquid Caps 90 Capsules



Pain Relief^{*} Naproxen Liquid Capsules 30 Pack



Nurofen[^] Zavance 40 Liquid Capsules





Ś







Dymadon^{*} Kids 2 - 12 Years Orange or Strawberry 200ml

AU res. 18+ only. Offer runs 12.01am AEDT 1/4/25 - 11.59pm AEST 31/7/25. Claim online with receipt upload (no EFTPOS receipts) no later than 11.59pm AEST 7/8/25. Max 1 claim (1 reward) p/household. Keep copy receipt. See panadolchildrenspromo.com.au for full T&Cs. ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE. INCORRECT USE COULD BE HARMFUL. Trademarks are owned by or licensed to the Haleon group of companies © 2025 Haleon group of companies or its licensor. PM-AU-HALE-25-00001.

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Relief that moves with you

\$1099

Save \$2.96'



ZOSTRIX

OFF

\$249

Save \$3.46

Eucalyptus Spray

Bosisto's

200g

Topical Analgesic Cream 45g

ZOSTRIX

Bosisto's

P

Eucalyptu

Spray



Cohesive BANDAGE

PHARMACY MEDICINE

MURINE[®]

Clear

CLEARS RED EYES

Relieves Red Eves

S

750

\$10 49

MURINE

Clear Eyes

15ml



Have a health question but not sure how to ask? Scan this QR code to submit it! One of our community pharmacists may answer your question in the next Ask a 165 回路 Pharmacist column!



Dermal

HEEL BALM

Pain Relief Gel 12 Hourly 150g

\$099

Cohesive Bandage

7.5cm x 4.5m

AERO



0%

OFF

Save \$3.<u>50</u>

75g

Dermal Therapy

Heel Balm Platinum

TIGER BALM Soothing warming sensation on muscles Unique blend of active herbal ingredients Suitable from 2 years old \$0 49 TIGER BALM Save \$1.50*



JOINT OR **MUSCLE PAIN?**

30% OFF FROM

Save # \$2<u>7.91</u>

Products for Sprains, Mild Tendonitis. Mild Carpal Tunnel Syndrome & Mild Arthritis.













Supported by our expert panel of **Medical Professionals and Engineers**

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Colgate

olaat

Total Toothpaste Whitening

or Deep Clean with Charcoal 115g

3X Hardinate 🕜 📴 🗯

Colgate

75g



Oral B

GUM



LISTERINE TOTAL CARE

⊗ ■



200

Save \$1.51

Listerine

Mouthwash

Total Care 250ml





10 Pack

Johnson-John

BAND-AID [0] /. Nexcare Elastoplast TOUGH-STRIPS 10xL OFF \$749 roof tape \$049 \$299 SECOND SKIN PROTECTION \$3 49 Save \$4.40 Save \$1.51 ANTISEPTIC CREAM AUST R 11247 75g NET **BAND-AID** Nexcare Elastoplast Tough-Strips Extra Savlon Absolute Waterproof Second Skin Protection Large Antiseptic Cream Таре 6 Plasters

25mm x 4 5m

30%

OFF

\$699

Save \$3.00'

Toothpaste

Gum & Enamel Daily

Protection 110g

Oral-B

Always read the label and follow the directions for use. Not all products are stocked in all participating pharmacies. * Prices may vary between pharmacies; discounts are based on Supplier Recommended Retail Prices (SRRP)

KILLS GERMS FAST

5%

Save \$2,01





Limited to one entry per person. Australian residents only. Always read the label and follow the directions for use



ISOCOL

\$11 49

Save \$2.00*

10

Home essentials







Receive a \$5 voucher Join today! ^AValid email required to receive voucher.

Always read the label and follow the directions for use. Not all products are stocked in all participating pharmacies. * Prices may vary between pharmacies; discounts are based on Supplier Recommended Retail Prices (SRRP). *\$5 welcome voucher for new customers with valid email. Valid for 1 month, in-store only, on non-prescription items. Earn loyalty rewards on non-prescription purchases. Loyalty available at participating pharmacies. See in-store for full T&Cs.



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